



Empowered Living: A Guide to Being Your True Self (Paperback)

By Antoinette Levine

Balboa Press, United States, 2012. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Let this Life-Guide Handbook Rekindle Your Heart s Wisdom . Reframe Old Ways of Thinking into Powerful Perspectives . Reduce Stress and Simplify Your Life . Embrace Living as a Creative Process . Realize the Inner-Outer Reality Connection . Manifest the Life You Want Antoinette Levine writes an intimate and stunning tale of return from near-death and her recovery from the ravages of strokes and lupus. Interwoven with her personal story is a lifetime of knowledge gained through immersion in the study of spiritual metaphysics and self development. The author experienced success as a dean s list student of psychology and journalism, later an accomplished film industry professional. Inspirational messages offered in seven guided stages reflect Antoinette s cumulative experience. Artful teachings of our life processes draw upon the chakra system as a template for transformation and self-growth. This book invites you to discover inner peace, wisdom and the freedom that living in alignment with Source brings. Explore the depths of your soul with self-inquiry exercises and distill what works for you. Rise up and rediscover your...



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