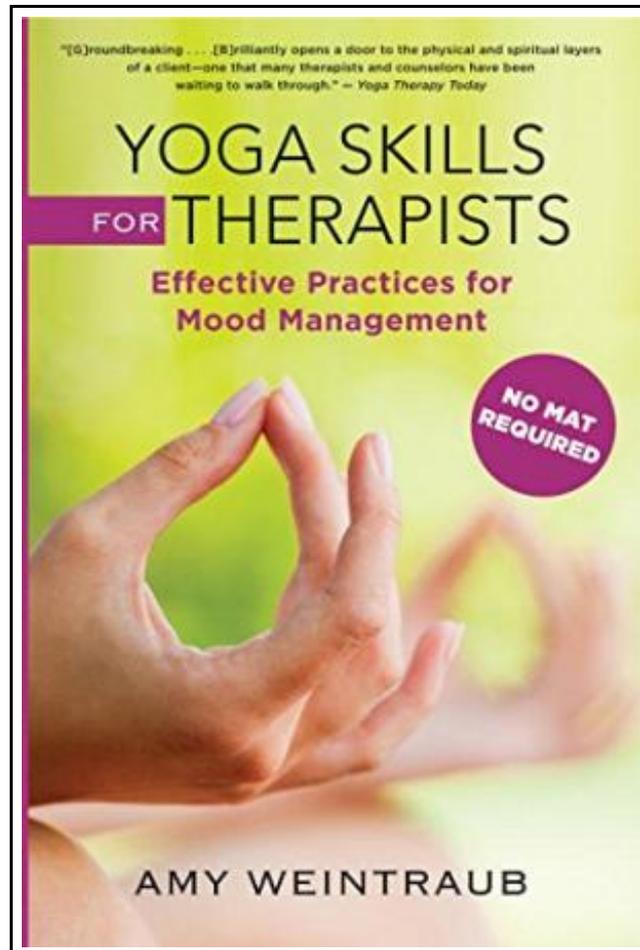


## Yoga Skills for Therapists: Effective Practices for Mood Management



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## YOGA SKILLS FOR THERAPISTS: EFFECTIVE PRACTICES FOR MOOD MANAGEMENT

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