



Stress Management Techniques: Managing People for Healthy Profits (New edition)

By Vernon Coleman

Management Books 2000 Ltd, 2000. Paperback. Book Condition: new. BRAND NEW, Stress Management Techniques: Managing People for Healthy Profits (New edition), Vernon Coleman, Explaining how stress causes problems and how to control it, this new edition shows managers what signs to look out for, how to create the right working conditions, and build a pleasant working environment with the minimum of tension.



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