



Stress: How to Care for Aging Parents and Our Emotional Selves: An Adult Children's Guide to Caregiving for the Health, Home, Housing, and Financial Needs of the Elderly Parent (Paperback)

By Chris Adkins

Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.#STRESS: How To Care For Aging Parents And Our Emotional Selves: An Adult Children s Guide To Caregiving For The Health, Home, Housing, And Financial Needs Of The Elderly Parent Have you ever wondered how you will feel when you are suddenly given the responsibility to make important decisions for your parents because they are no longer capable of doing that for themselves? How will you handle their financial affairs? Will they prefer to get home care services or would they want to stay in a nursing facility? Do you have the required authorization to talk to your parents doctors, obtain their medical information and make important medical decisions? How will you ensure that your aging parents are safe and comfortable in the place where they are living in? These are just some of the questions many adult children have in mind, but refuse to ask and deal with. Aging is one of the taboo topics that many people try to avoid. We do not want to even think about it because we are afraid of the unknown...



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